

NEWSLETTER

SCHOOL ISSUE 04 | 2006

GRAFTON
DEVELOPMENT



TOPICS: Courses Pupils ++ Courses Adults ++ Previews ++ Website ++

NATURE & NURTURE

“*Now the learning year has begun and the restless waters settle
It is Time
To while but not waste -
To orientate & focus
One's own and the group's
Resources and Natures
For Work & Play and the Year's Challenges ...*”



Dear Principals, Teachers,
Parents and Pupils,

In this newsletter I am very pleased to present you with our **new programmes and seminars** for Autumn 2006 – Summer 2007. We offer a wide spectrum of programmes **for educational professionals led by educational and outdoor professionals.**

We know many of the key issues you are dealing with from the class, team and organisational levels. This is why we can offer more than just excellent sports and activities - but also dock these precisely onto your needs and core themes for meaningful class and school development.

Please contact us for more details or visit our **new website from 15. October** on: **www.grafton-development.com**. Our website is also a resource base (lit, articles, forum etc) for value development in the personal, educational and business worlds. We would be grateful if you would forward the relevant information (about Inner Adventure Holiday and Weekend Kids to the Parent's Association and parents).

Best regards

Ben Wunsch-Grafton



Leader: BEN WUNSCH-GRAFTON MA, Outdoor, Business und Communication Trainer, Specialist for personal experience, social skills, teambuilding and organisational management. Since 1985 active in outdoor education, teacher training, consultant to Ministry of Education 1995-2000, Headmaster 1997-2006.

Trainer team: Qualified trainers in their specialised activities and strictly vetted regarding the respect for intimate, personal boundaries of the pupils.

Our Strengths

- > English and German in Action!
- > Personal and Group Value Development
- > 20 Years Experience in Outdoor Instruction
- > National & International Locations



GRAFTON DEVELOPMENT offers ready-made and tailor-made programs and seminars in German and English for Schools and Teams. Simply contact us to discuss and plan your wishes. Or visit our Website from October for more details also on personal, business and organisational work.

INTRODUCING: INNER ADVENTURE®

GRAFTON DEVELOPMENT's INNER ADVENTURE.® = Developing Inner Nature through Outer Nature.
Inner Adventure is Outdoor and Experiential Learning with all the Senses – Get closer to inner, team and outer nature.
INNER ADVENTURE covers the following themes:

- INNER ADVENTURE : Schools**
- INNER ADVENTURE : Teachers**
- INNER ADVENTURE : Holiday Kids**
- INNER ADVENTURE : Weekend Kids**

INNER ADVENTURE uses the proven effects of action learning via hard skills to promote the „soft skills“ in an authentic, highly enjoyable mix.

SOME OF OUR ACCOMPANYING ACTION MODELS

(choose with us the suitable measure for your goals or just for communal fun):

- > Ropes Courses: Low, Medium, High Elements „At the end/beginning of your Rope / Teather“
- > Climbing, abseiling, prussicking „Hold and holding, trust & balance“
- > Water tasks: Rafting, raft building, canoing, River Discovery, canyoning, „Reaching Team Flow“
- > Archery „Using Tension and Inner Focus“
- > Alpine experience: individual and/or group navigation, alpine discovery, „Goal and Pathfinding“, bivouac,
- > Cooperative adventure challenges „Pull Together as One and All“
- > Caving „Into Depth and back to Light“
- > Horse riding
- > Camp fire romantic
- > Nature Circus
- > Tennis etc.

KEY QUALIFICATIONS (self and social competencies) your pupils receive on all courses:

- > Natural Experience
- > Re-activating learning curiosity
- > Tolerating tension and conflicts and using them positively
- > Self-perception & other's perception (feedback)
- > Leading – Following
- > Class Teamwork - Individual work
- > Decision-making methods
- > Balance – tension
- > Activity – Calm
- > Whiling time – Fast Living



WHY TRAIN THESE PERSONAL AND TEAM SKILLS AT ALL?

The Worlds (the Individual, Private, Domestic, Public, Educational, Welfare, Business, Political, Ecological) are rapidly changing. They demand new and forgotten skills:

- > **Forgotten skills** such as community, archaic experience, continuity, valuing the past, focus, (self-)discipline
- > **New skills** such as personal development, inner and outer leadership, conflict resolution, comfort with complexity & change, inter-cultural competence etc.

Also in earlier times there were many rituals and structures where young people could find the inner and outer limits and grow into adult life. As poor substitutes for these real confrontations, many kids are left to themselves and media, disoriented and left to find their „identity“ in virtual „games“, exaggerated consumerism or addictions.

Real skills are partly present in each of us and partly they have to be trained for future prospects. Nature and the mountains provide the perfect setting for this work 'n fun and the group a protected framework without diversions.

They experience here and now the power and beauty of real nature: of REAL speed, of REAL rushing and suspense (in contrast to the virtual substitutes) AND slowing down, experiencing stillness in their lives.

INNER ADVENTURE® – A journey through intensive personal and group experiences into one's core strengths, guided with much humour, expertise and feeling by our Inner Adventure Team.

A. INNER ADVENTURE : School

1. INNER ADVENTURE : UK CAMPS

All the best aspects of our bilingual Austrian camps but (Yorkshire Dales, Devon/Cornwall, Lake District, Scotland) with Grafton Development UK Ltd and Partners. **OPTIONS:** camping, Youth Hostels, Outdoor Activity centres, family stays (organisation still in progress), London and city days and much more.



2. INNER ADVENTURE : TEAM

General or with special focus such as:

- > Boys Challenge: „Getting a Grip“: Boys Instruction with specialists
- > Girls Challenge
- > Land Art and Adventure: „Enfolding inner and outer nature“
- > Archery: Making bow and arrow, art of archery, tension and calm, goal-oriented with feeling and mind
- > Circus Natura: Juggle, dance, trapeze in the trees and over rivers
- > The ABC of Togetherness: Social Learning in Action and Reflection
- > English in & through Action
- > Bike the Berg, MTB with Mathhias Stemberger, Extremsportler and MTB Guide
- > Theme Weeks: e.g. Nature studies, In the Footsteps of the Habsburgs and the Vienna Intellectuals.



OPTIONS: Day trips, 1-2 days Vienna Tour, Herbestein Castle and Animal Park, Salamander onto Schneeberg, Summer Tabogganing and Hermannshöhle St. Corona / Wechsel

3. PUPILS INDOOR COURSES

- > Coaching
- > Conflict resolution and mediation
- > (Self-) Presentation Skills
- > See website for more specialised skills courses



4. PREVIEWS

See **Website** for more details, dates and prices.

INNER ADVENTURE : Winter

- > Winter Experience: Sledging, Ski- and Board Touring, Igloo Building, Snow Games, Snow Art
- > Snow-Shoeing
- > Cross-Country Skiing
- > Ski- and Snowboard
- > Ice Climbing introduction



B. INNER ADVENTURE: Teachers

Personal, Team and Organisational Visions: Orientation, gathering and focussing in oneself, the team and nature for the coming year.

- > Supervision and Coaching
- > Conclave and congress organisation and facilitation
- > „Act now“, don't react when it's too late:
Planning and implementing intervention and prevention measures.
- > „Just for Fun“ Outdoor Team days for Teachers in cooperation with our partner for fantastic sports events, **Experience Unlimited** (www.exun.at)
- > Team and Organisation Building in cooperation with **Mag. Friedrich Platzer Unternehmensberatung KEG** (www.platzer.at)



C. INNER ADVENTURE : Holiday Kids

1. INNER ADVENTURE : Autumn Camp

30.Okt – 4.Nov 2006

2. INNER ADVENTURE : Semester Camps

5 – 9. Feb 2007
12 – 16. Feb 2007

3. INNER ADVENTURE : Easter Camps

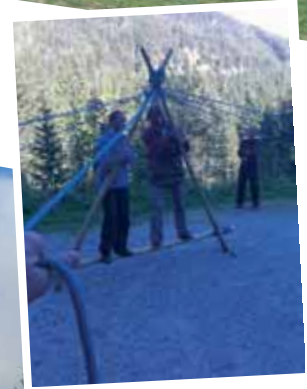
2 – 6. April 2007
10 – 13. April 2007

4. INNER ADVENTURE : Summer Camps Rax

9 – 14 July 2007
16 – 21 July 2007
20 – 25 Aug 2007
27 Aug – 1. Sept 2007

5. INNER ADVENTURE : UK Camp

All the best aspects of our bilingual Austrian camps but in the Yorkshire Dales, Devon/Cornwall, Lake District or Scotland with Grafton Development UK Ltd and Partners. **Options:** Camping, Youth Hostels, Outdoor Activity centres, London and city days and much more.



D. INNER ADVENTURE : Holiday Kids

- > **Alm Retreat Kids** Friday-Sunday 170,- Max: 8 Kids / Youths
Orientating oneself for the coming year.
- > **Boys Challenge:** „Getting a Grip“: Boys weekend with experienced boys instructors
- > Family Outdoor Experience
- > Outdoor Sports Weekend
- > **Land Art:** Inscapes-Outscapes with Artist or OD Trainer
- > Winter Experience:
- > Snowshoe and snow experience



- > Ski and board touring and multi-day trips
- > Freeride Rax for good to advanced skiers and boarders
- > Winter Survival
- > Ice Climbing Intro
- > English on the Move

Base: Rax/Schneeberg

Other Locations: as agreed – Austria, Chamonix, Scotland, Worldwide.

All courses include a basic introduction into snow safety by a mountain guide.

CONTACT US OR VISIT OUR NEW WEBSITE FROM
15. OCTOBER FOR DATES AND PRICES: www.grafton-development.com



Visit our new website from 15. October



GRAFTON DEVELOPMENT

Dr. Friedrich Benesch-Straße 15B
A-2651 Edlach an der Rax

Management: Ben Wunsch-Grafton
0660 / 98 67 240
Office: 0660 / 98 67 241

office@grafton-development.com
www.grafton-development.com



GRAFTON
DEVELOPMENT
Business & Outdoor

Graphic Design: Atelier Martin Benner
Wallensteinstraße 59, 1200 Wien
Tel. 0699 / 1942 02 26, atelier.benner@chello.at

Imprint: Dr. Friedrich Benesch-Straße 15B, A-2651 Edlach an der Rax. Contact: office@grafton-development.com